



UNION INTERNATIONALE  
DE PENTATHLON MODERNE

Technical Newsletter – 2022/1

# Technical Newsletter

**Dear Member Federations,  
Coaches, Athletes and Technical  
Officials**

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**Following the UIPM 2021 Congress rules changes' approval and the recommendations presented by the UIPM Riding Working Group, please find below the updates to be adopted from the season 2022.**

## RULES CHANGES

### A

#### Highlights of the main changes in the rulebooks\*

\*The following texts, extracts of the rules and summaries cannot be considered as the whole precise paragraphs of the different rules. All the rules with full contents are available on the UIPM website here: <https://www.uipmworld.org/uipm-rules-and-regulations>

- 1) Additional paragraph regarding the horse welfare and animal abuse described in article 2.1 in the **UIPM Code of Ethics**, read below:

s) Any of the following events considered as animal abuse under the FEI General Regulations:

- (i) To excessively whip or beat a horse;
- (ii) To subject a horse to any kind of electric shock device;
- (iii) To use spurs excessively or persistently;
- (iv) To jab the horse into the mouth with the bit or any other device;
- (v) To compete using an exhausted, lame or injured horse;
- (vi) To abnormally sensitise or desensitise any part of a horse;
- (vii) To leave a horse without adequate food, drink or exercise;
- (viii) To use any device or equipment which causes excessive pain to the horse upon knocking down an obstacle or failing in any manner in the competition.

- 2) Changes in the sequence of the disciplines and stages of the competitions as detailed at points 1.6.1 and 1.11.1 in the **UIPM Competition Rules and Equipment Regulations**:

#### **1.6.1**

- i) In the Finals of the Category "A" competitions the order of events must be as follows: Riding, Fencing Bonus Round, Swimming and Laser Run.
- ii) Except for the Olympic Games and World Cup Final, Semi-finals of the Category "A" competitions will be organised without Riding and according to the sequence mentioned in Art.1.6.1 i).

iii) After athletes qualified for Semi-finals in Category "A" competitions, a single Fencing Ranking Round will be organised before the Semi-finals and will be valid for both Semi-finals and Finals. In the Olympic Games and World Cup Finals, the Fencing Ranking Round must take place the previous day. Laser Run must always be organised with a handicap start.

#### **1.11.1**

iv) 36 pentathletes compete in the Semi-finals split over two groups of 18 athletes. Depending on the number of the participating athletes, at the Continental Championships, Continental Games and further UIPM Category "B" and "C" competitions, the number of athletes can vary (between 10-17), in the Semi-final. Placing of the athletes into two groups is made in accordance with the current PWR list, Art. 1.11.1 i) must be applied.

v) 18 pentathletes compete in the Final. The following numbers of pentathletes qualify for the Final: the top 7 from each group + 4 with the highest score of both groups in the Semi-final.

## Riding

3) **Course related changes:**

speed – 350 m/minute,  
length of the course – 350-400 m  
obstacles – ten (10) including two (2) doubles  
time limit – time allowed + 30 seconds in the individual competitions  
warm-up areas – two separated areas with a min. of 30x40 m for jumping for 6 horses  
fall of the rider and/or horse – elimination after the first fall  
refusals – elimination after the third refusals

4) **2.2.14 Riding Steward:**

supervising together with TD the horse selection, making every effort that selected horses to fulfill the competition standards, assuring the course complies with the rules, guaranteeing animal welfare, delivering workshops at UIPM events.

5) **Jumping test:**

the UIPM highlights the importance of having experienced riders in the Jumping Test and those riders should not ride horses that they own or regularly train. Special attention needs to be shown when horses use special mouthpieces. Their selection should be carefully evaluated due to their potential difficult adaption to a Modern Pentathlon competition.

6) **2.4.1 Treatment of Horses:**

„The welfare of the horse must be always paramount, never being subordinated to any other considerations.“competition.

7) **2.4.6 Saluting:**

iii) The pentathlete must pat the horse after finishing the course and before leaving the competition arena. If a pentathlete or team misses to pat the horse, will be penalised.

8) **2.4.29 Safety:**

i) After an athlete's fall in the warm-up area, the athletes need to be first checked and released by the paramedics to continue in the competition.

9) **2.8.4 Incorrect use of the Whip and Spurs:**

i) Hitting horses:

a) more than three times in a row (i.e. three times per incident);

iii) Hitting horses with excessive frequency:

When examining cases of Excessive Frequency, the Riding Director will consider all the relevant factors such as:

a) a rider should never hit a horse more than three times in a row;

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## Fencing

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10) **3.5.2.1 Bonus Round:**

Each bout winning pentathlete/team receives 2 (two) MP bonus points. The top placed pentathlete/team of the Ranking Round will receive double bonus points if they win their bout in the Fencing Bonus Round at both Semi-finals and Final groups.

11) **Points table Appendix 3B1:**

36 pentathletes take part = 35 bouts  
70% of bouts = 25 victories = 250 MP points  $\pm$  1 victory =  $\pm$  5 points

12) **3.7.2 The Jacket:**

v) The UIPM logo patch must be placed on the fencing jacket according to the current version of the UIPM Uniform Guideline. Missing or wrongly placing of the UIPM logo patch will be penalised by a deduction of 10 points, see Rule 3.6.3 v).

13) **3.8.1 The Mask:**

v) The mesh part of the mask can be painted in two different ways:  
- painting the mesh with the colours of the nation of the athlete or  
- exact mirroring the nation's flag of the athlete on the mesh of the mask.  
No other way of painting on the mask is allowed to use at the competitions.

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## Swimming

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14) **4.3.1 Heats and Lanes:**

i) The pentathletes or teams will be placed according to their PWR swimming time. In Semi-finals or Finals of Pentathlon and Tetrathlon competitions, athletes or relay teams will be placed in heats according to their total results after the previous event(s), with athletes and teams with higher scores swimming in the last heat. Athletes swimming in the same heat will be seeded with the athlete with more Pentathlon points in lane 1, and so on.

14) **4.7 Swimwear:**

(...) In addition, the pentasuit also can be worn at Swimming. The UIPM logo patch must be placed on the swimsuit/pentasuit according to the current version of the UIPM Uniform Guideline. Missing or wrongly placing of the UIPM logo patch will be penalised by deduction of 10 points.

## Laser Run

### 16) 5.1.1 The Laser Run sequence:

For all distances in the Senior, Junior and U19 age categories, the first lap (individual or relay) has no shooting.

	INDIVIDUAL		RELAY			INDIVIDUAL		RELAY	
	DIST	D TOT	DIST	D TOT		DIST*D	TOT	DIST	D TOT
Senior	5x600	3000	2X3X600	3600	Under 15	3x600	1800	2x2x600	2400
Junior	5x600	3000	2X3X600	3600	Under 13	3X300	900	2x2x300	1200
Under 19	5x600	3000	2X3X600	3600	Under 11	2x300	600	2x2x300	1200
Under 17	4x600	2400	2X2X600	2400	Under 9	2x300	600	2x2x300	1200

### 17) 5.7 Clothing

iii) The UIPM logo patch must be placed on top/shirt/pentasuit according to the current version of the UIPM Uniform Guideline. Missing or wrongly placing of the UIPM logo patch will be penalised by a deduction of 10 points.

## B. Pentasuit

The pentasuit can be used in both the Swimming and Laser Run events of the UIPM competitions. Regarding the dimensions, shape, material and type please study the UIPM Uniform Guidelines available on the UIPM website ([https://www.uipmworld.org/sites/default/files/uipm\\_uniformguidelines\\_20\\_21\\_r0721.pdf](https://www.uipmworld.org/sites/default/files/uipm_uniformguidelines_20_21_r0721.pdf)) and also be aware as follows: pentasuit for men, and women, shall not cover the neck, extend past the shoulder, nor shall extend below the knee. All pentasuits shall be made from textile materials. Upon further experience in 2022 UIPM will specify the details of the pentasuit later on this year.

## C. Uniforms

UIPM emphasizes the importance of the following Competition Rules for a good presentation of the sport.

- 1.6.2 Victory Ceremony

Athletes must wear their national uniform on the podium and without baseball caps or hats.

- 1.21.5 Entrance to the FOP

v. The pentathletes in their **official national uniform**, each of whom being allowed to be accompanied by a member of their team, **also in their official national uniform**;

- 1.21.6 Restricted Entrance

If there is a Restricted Fenced Area (...) specifically designated as a Zone for Coaches, only the pentathletes, coaches, referees, ground judges, timekeepers, scorers and the UIPM TDs/NTOs all of them in their own **official national uniform** may be present in this area.

- 1.21.7 Zones for Coaches

ii. All coaches in the ZFC **must wear national uniform** according to Article 1.22.2;

- 1.22.2 Clothing

v. NFs shall submit details, including a picture, of their kit (National Uniform) for the forthcoming year to the UIPM before the first World Cup in each year and commit to use their team uniform (for athletes and coaches) accordingly throughout the FOP and in any Zone for Coaches.

- 2.7.1 Dress of Pentathletes, Coaches and Officials

i) At Olympic Games, World Championships, World Cups, World Cup Finals and Continental Championships all **pentathletes must wear a riding jacket** or an armed service or police riding uniform with a national insignia (NOC emblem, flag, armband or badge) of a size between 7 and 10cm high.

## D.

### General Regulation at FOP

- During the warm-up or preparation time of a discipline, to not disturb and leave enough area for preparing the competing athletes on the FOP, the non-competing athletes cannot stay and use the FOP for training or any other reasons.

## E.

### International Equestrian Federation (FEI) online courses

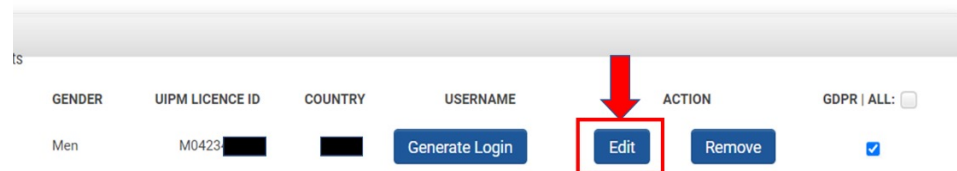
From 2022, athletes competing in the riding discipline in UIPM and international Modern Pentathlon events as well as coaches presented in the riding warmup arena **must have the certificate of the conclusion of some FEI online courses uploaded to their profiles on the UIPM Portal**. The courses are linked to the matter of horses' welfare and the compliance with this new regulation will be checked during the competition technical meetings.

Those above-mentioned courses are freely available on the platform FEI Campus ([link](#)). Please see below the courses and access links:

- Horsemanship study course: [link](#)
- Handling in challenging situations: [link](#)
- Equine Behaviour: [link](#)

### How can the National Federation upload the certificates to the UIPM Portal?

- 1) After login to the UIPM Portal select the athlete or coach profile to be updated. Then, click on the button "Edit". If the athlete or coach does not have a profile in the Portal, it needs to be created before this step.



- 2) There are three specific boxes to upload the certificates:

**Riding permission:**

**ANIMAL WELFARE ONLINE COURSES (REQUIRED)**

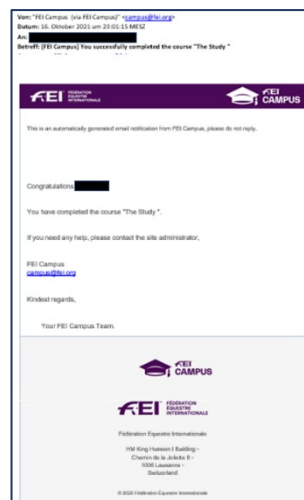
**Equine Behaviour:**  
 No file chosen

**Horsemanship Study:**  
 No file chosen

**Handling in challenging situations:**  
 No file chosen

UIPM Portal

\* After finishing each one of the courses, the FEI Campus platform does not issue a certificate, but sends an email informing that the course has been concluded successfully. Therefore, it is that email to be uploaded to the UIPM Portal (image below) using format files PDF, JPEG, GIF, or PNG files. Uploading the information about each one of the three above-mentioned courses is mandatory.



Email from FEI Campus informing about the conclusion of the course



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## F.

### Other educational opportunities

UIPM highlights that the following documents are available in its educational platform since 2018:

- UIPM Riding Training Technical Guidelines: [link](#) (translated to Chinese, French, Russian, and Spanish)
- Riding training tips videos: [link](#)
- UIPM book "Start coaching in Modern Pentathlon" available in the UIPM shop: [link](#)

## G.

### Riding Licenses

From 2022, athletes competing in the riding discipline in UIPM and international Modern Pentathlon events must have either a Junior or Senior Riding License uploaded to their profiles on the UIPM Portal. The compliance with this regulation will be checked during the technical meetings before each competition.

It is important to highlight that the certificate is linked to the age category of the competition. It means that if a Junior athlete is taking part in a Senior competition, he must have a Senior License.

The participation conditions for athletes without the license uploaded to the portal are described in article 1.12.1 of UIPM Competition Rules and Regulations.

#### [What are the minimum ability requirements for Junior and Senior Riding Licenses?](#)

##### Junior License

- Lead a horse in-hand, walking, trotting and turning.
- Tack up a pony/horse with saddle and snaffle bridle.
- Check tack before mounting for soundness.
- Mount and dismount correctly.
- Hold the reins & whip correctly.
- Alter stirrups when mounted.
- Tighten and loosen girth when mounted.
- Demonstrate correct position at walk, trot and canter.
- Use seat, legs and hands as aids to increase and decrease pace.
- Demonstrate progressive transitions from walk to trot to canter.
- Demonstrate a figure of eight at walk and trot across the diagonal.
- Perform a figure of eight in canter showing a simple change of leg.
- Demonstrate correct aids for canter on a named leg on a circle.
- Work independently in the open.
- Salute the judge & understand the rules & penalties of the collecting ring & competition arena.
- Walk a course correctly, understanding the importance of riding a correct line to each obstacle.
- Control the horse, both in the approach to and get away from an obstacle.
- Demonstrate competence when riding over a show jumping course of between 10 and 12 obstacles, including a double to a height of 1.00m on at least 2 horses of different types and temperaments.



## Senior License

- Lead a horse in-hand, walking, trotting and turning.
- Tack up a pony/horse with saddle and snaffle bridle.
- Check tack before mounting for soundness.
- Mount and dismount correctly.
- Hold the reins & whip correctly.
- Alter stirrups when mounted.
- Tighten and loosen girth when mounted.
- Demonstrate correct position at walk, trot and canter.
- Use seat, legs and hands as aids to increase and decrease pace.
- Demonstrate progressive transitions from walk to trot to canter.
- Demonstrate a figure of eight at walk and trot across the diagonal.
- Perform a figure of eight in canter showing a simple change of leg.
- Demonstrate correct aids for canter on a named leg on a circle.
- Work independently in the open.
- Salute the judge & understand the rules & penalties of the collecting ring & competition arena.
- Walk a course correctly, understanding the importance of riding a correct line to each obstacle.
- Control the pony/horse, both in the approach to and get away from an obstacle.
- Demonstrate competence when riding over a show jumping course of between 10 and 12 obstacles, including a double to a height of 1.10m on at least 2 unknown horses of different types and temperaments.

### [How can the National Federation upload the certificates to the UIPM Portal?](#)

After login to the UIPM Portal and entering the athlete profile, there are specific boxes to upload the Riding licenses, as follows:

**Riding permission:**

**ANIMAL WELFARE ONLINE COURSES (REQUIRED)**

**Equine Behaviour:**  
 No file chosen

**Horsemanship Study:**  
 No file chosen

**Handling in challenging situations:**  
 No file chosen

**RIDING LICENSE (AT LEAST ONE REQUIRED)**

**Junior Riding License:**  
 No file chosen

**Senior Riding License:**  
 No file chosen

UIPM Portal

It is the National Federation's responsibility to issue the certificate and upload it to the UIPM Portal. The templates presented in this [link](#) are mandatory to be used. They include the athlete's data as well as the signatures of the National Federation representatives.

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**Regarding the deadline for uploading the above-mentioned licenses, please refer to article 1.12.1 of UIPM Competition Rules:**

- i. Only pentathletes holding a UIPM International Licence are allowed to compete in Category "A" and "B" competitions.
- ii. Pentathletes without riding ability listed on their Licence uploaded to the UIPM portal by the competition registration deadline:
  - a) cannot compete in World Senior Championships or a World Cup Final (Senior License) or World Junior Championships (Junior License).
  - b) may compete at World Cup competitions in the qualification for the Semifinal, but if they qualify for the Semi-Final, must relinquish their place to the next pentathlete not yet qualified with the highest score in all groups.
  - c) at all other events, may compete in all disciplines except the Riding.
- iii. UIPM will present to all National Federations the minimum riding ability requirements to issue Junior and Senior age categories riding certificates.

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## **H. Riding Review Panel**

A review panel with expert independent members will be created to assess all UIPM events during the season. The panel sessions will be linked to competition debriefings and cover a wide range of aspects of the riding competition quality using event reports, videos, course plans and results. The panel will be responsible to analyse all riding performances with the focus on incidents that need to be debriefed to determine improvement opportunities. In case of problems linked to lack of riding ability, the actions listed in section 3 of Technical Newsletter 2018/1 ([link](#)) related to the warnings and suspensions will be adopted.

## **UIPM JUDGES LICENSE – RENEWAL PROCESS**

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### **I. Online Judges Certification Program (JCP) Refresher Course**

UIPM will launch in February 2022 the refresher course only for judges already certified under JCP who would like to renew their licenses. To check the current list of JCP-certified people click [here](#).

The course will be online, and all instructions to join in will be further sent to National Federations by email and promoted on the UIPM website and social media.

## J.

## Organization of Modern Pentathlon and Tetrathlon Competitions

What is now mandatory to implement in all international, continental, regional and open national competitions?

Subject	Topic	Remarks/Main Rules Changes
New competition stage	Qualifications	<ul style="list-style-type: none"> <li>If more than 36 athletes per gender (same as before, 4 disciplines with no riding)</li> </ul>
	Semi-finals	<ul style="list-style-type: none"> <li>2 groups of 18 athletes</li> </ul>
	Finals	<ul style="list-style-type: none"> <li>1 group of 18 athletes</li> </ul>
New sequence of events for Semi-finals (SF) and Finals (F)	Fencing Ranking Round (FRR)	<ul style="list-style-type: none"> <li>Only 1 RR valid for both SF and F</li> <li>Number of points/victory (decreased)</li> </ul>
	Riding	<ul style="list-style-type: none"> <li>Two warm-up areas</li> <li>Shorter length and reduced speed of the course</li> <li>Fewer jumps and obstacles</li> <li>Elimination after the first fall and after three refusals</li> </ul>
	Fencing Ranking Round (FRR)	<ul style="list-style-type: none"> <li>2 points/victory</li> </ul>
	Swimming	<ul style="list-style-type: none"> <li>New seeding system in SF and F</li> </ul>
	Laser Run	<ul style="list-style-type: none"> <li>Changes in distances at the different age groups</li> <li>First running lap without shooting only in age categories of Senior, Junior and U19</li> </ul>

\* For all competitions, there will be only a general warm-up time of 60 mins before of each Semi-final or Final.



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What is flexible to adopt?

Subject	Topic	Remarks/Main Rules Changes
Olympic Games, Continental Multi- Sport Games, World Championships, World Cup Final	Pentathlon Stadium (all five events within the stadium)	<ul style="list-style-type: none"><li>No Flexibility</li></ul>
World Cups, Continental Championships, CISM and FISU Competitions, Open International Competitions	Pentathlon Arena (3-4 disciplines in the arena)	<ul style="list-style-type: none"><li>Flexible As many events as possible at the same venue (e.g. FBR and LR within the arena + Swimming and Riding next door at the same venue)</li></ul>
Regional and Open National Competitions	Use one or more venues in close distances	<ul style="list-style-type: none"><li>Flexible (as few as possible)</li></ul>

*\* Different from the other events listed, in Regional and Open National competitions, based on the distance between each venue, the length of intervals/breaks between each discipline/event can be longer and flexible.*

# MORE THAN A SPORT



Baron Pierre de Coubertin

*"The Modern Pentathlon event would test a man's moral qualities as much as his physical resources and skills, producing thereby the ideal, complete athlete."*

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