



XIV "ATLANTIC CUP" YOUTH INTERNATIONAL YOUTH B/C/D/E BOYS & GIRLS SETÚBAL (PORTUGAL) – JULY 10TH 2016

The **Modern Pentathlon Federation of Portugal** and the club **Escola Municipal de Desporto de Setúbal** has the pleasure to invite a delegation from your country to participate in the *XIV "Atlantic Cup" Youth International (YB-YC-YD-YE)*, to be held in Setúbal, Portugal, according to the following programme:

Programme – July 10th

- 14h00 – Technical Meeting
- 14h30 – Swimming warming-up
- 15h00 – **Swimming** 1st heat
- 16h30 – Combined Event warming-up
- 16h45 – **Combined Event** 1st heat
- 19h00 – Prize Giving Ceremony

Swimming & Combined Event – Complexo Desportivo das Manteigadas

Avenida Emídio Graça

2900 - 000 Setúbal

Portugal

GPS: N38°31'12.64" / W8°51'21.05"

Rules

The competition will be carried out according to UIPM rules for YA and YB (fencing will be extra competition for YB). For the remaining categories there will be especial rules as follows:

- ❖ Swimming – 50m outdoor pool with 8 lanes;
- ❖ Combined – Simpower Hybrid targets (athletes must bring their own laser pistol);
- ❖ Youth C (2002-2003) – Swimming: 100m / Combined: 2x800m (only 4 green shots in 50");
- ❖ Youth D (2004-2005) – Swimming: 100m / Combined: 3x400m (only 3 green shots in 50");



- ❖ Youth E (2006-2007) – Swimming: 50m / Combined: 2x400m (only 2 green shots in 50”);
Note: Youth D (one hand) and Youth E (two hands) can use a stand for shooting;

Economical conditions

- ❖ The number of athletes will be limited to 36 per gender/category, therefore registrations will be accepted on Entry A registration order;
- ❖ Each country is invited to bring a **maximum of 3 athletes** per gender/category **and 4 coaches**;
- ❖ The cost is **35€ per person/day** (full board) for athletes and coaches in a Youth Hostel accommodation;
- ❖ Hotel accommodation can be arranged for 50€ per person/day (double/triple rooms) or 65€ per person/day (single rooms);
- ❖ Length of stay can be extended if necessary, please contact us previously;
- ❖ 100% of total amount has to be paid at the LOC upon arrival;

Transportation (included in the entry fee)

- ❖ Transportation from/to Lisbon's International Airport is only guaranteed if flight information is provided in good time, according with the deadline for Entry Final;
- ❖ Transportation from/to the hotel accommodation to the competition venues is guaranteed according with the event programme, provided in the technical meeting;

Entry Forms deadlines

- ❖ *Entry Form A – JUNE 10TH*
- ❖ *Final Entry Form – JULY 1ST*
- ❖ *Please send to: manuel.jlbarroso@gmail.com and Cc: fppm.geral@gmail.com*

Insurance

The organiser will not accept any responsibility financial or otherwise for loss, injury or illness of any Delegation member. All members of the attending Delegations must insure themselves by a sufficient health, accident and liability insurance. By submitting the Competition Entry the



National Federation confirms that all persons named on the entry are covered by such insurance.

Weather

- ❖ LISBON WEATHER – JULY
- Average Max. Temperature 32°
Average Min. Temperature 20°

Official address

Name: Federação Portuguesa do Pentatlo Moderno
Address: Rua 15 de Agosto 8B, 2500 – 801 Caldas da Rainha, Portugal
Mobile: +351 91 483 34 82
Email: manuel.jlpbarroso@gmail.com / fppm.geral@gmail.com

We look forward to see your delegation in Portugal this summer, my best regards,

 Federação Portuguesa do Pentatlo Moderno
UTILIDADE PÚBLICA DESPORTIVA
Rua 15 de Agosto Nº8 - B
2500 - 801 Caldas da Rainha
C.Nº 501 638 725
Ricardo Arrifano
Ricardo Arrifano
Technical Secretary